

# Vibrant Community Center Seeks Innovative Volunteers

*“In this technologically-driven period of our society, it is both satisfying and rewarding to be able to give back by exposing senior adults to computers and allowing them to bring their challenges and get answers to their questions about hardware, software and computer programs, as well as how to access the internet..”*

*~ C. MORRIS*



*“Volunteering for Center in the Park gives me a new and different perspective on life, and confirms that it’s not about me all the time.”*

*~ J. PACE*

## To learn more

about how you can put your professional expertise to work for us – and how you can share in the vibrancy and innovation that is Center in the Park, please visit our website, **[www.centerinthepark.org](http://www.centerinthepark.org)** or call our Volunteer Coordinator at **215.848.7722, ext.233**

*“Volunteering...brings together people with common goals, people who are already motivated and care about one another. We don’t do this for glory. We are delighted to do the work.”*

*~ A. MORRISON*



# Vibrant Community Center Seeks Innovative Volunteers

Whether you are recently retired or an established professional interested in stretching your intellectual muscles in a new direction, Center in the Park has volunteer experiences to match your interests and expertise. We have opportunities to do program planning, graphic design, marketing and public relations projects, or to organize a major fundraising effort. Projects can be done on your own time, in your own home, or collaboratively at the Center or other sites.

In short, there is something for virtually everyone at Center in the Park, and, equally, there are a myriad of opportunities for established professional members of the community to get involved with the Center and help us continue our mission of community service.

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#### Fostering Positive Aging for 40 Years

Center in the Park was founded in 1968 by two older women who dreamed of giving their Northwest Philadelphia community's elders a "place of their own." Since that time, the Center has blossomed into a nationally-accredited community center. We have a national reputation as a leader in conducting community-based research, with our work helping to add to the body of knowledge about positive, healthy aging. Since our inception, Center in the Park has helped thousands of men and women remain active, get involved in their communities, and develop new talents and skills.

Each day we move close to realizing our vision: that one day, the experience and wisdom of older people will be fully respected, their contributions to the community will be sought after, and their needs addressed.

*“As a volunteer facilitator for Healthy Steps for Older Adults 50+, A Falls Prevention Program, I spoke to seniors located in various Senior Centers and Independent Living Facilities in the tri-county area. It was very apparent to me that I belonged to a center that took its service delivery objectives to the senior community very seriously. I really enjoyed having a purpose and destination planned for each day. That was something that I needed as a recent retiree. Although I had a flexible schedule, it was expected of the facilitators to make the same kind of top level presentations as if I was still on the job.”*

*~ D.B. TUCKER*

## MISSION STATEMENT

Center in the Park promotes positive aging and fosters community connections for older adults whose voices are critical instruments in shaping its activities and direction.

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## WHAT YOU FIND HERE MAY SURPRISE YOU

At Center in the Park, we celebrate positive aging. You won't find our members coming to the Center just to play Bingo or watch television, although the Center does serve as a social gathering place. At Center in the Park we go much further to enhance and enrich the lives of our community elders.

### Health and Social Services

The Center has established numerous groundbreaking health research and education initiatives, including programs for chronic disease management and depression.

### Civic Engagement

We provide a myriad of opportunities for civic engagement, from intergenerational programs with area school children to a Senior Environment Corps that monitors water quality in the local watershed and undertakes various stream bank restoration projects.

### Housing and Counseling

Our Maple Village campus provides housing for elders on limited incomes, while trained counselors assist others with housing issues commonly faced by older adults.

### Classes

Our members enjoy access to a wide and diverse range of classes, everything from art, exercise and computer instruction, to sponsored trips to New York City or Washington, DC.

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